

Title: Research on the Effects of Interaction and Attribution in Married Couples

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Abstract:

The main purpose of this research is to investigate the married couples in Taiwan about their daily interaction, attribution of interaction, quality of marriage and the relations among them. The data in this research belongs to the research project "Marriage and Family" of Academia Sinica. 255 married couples were interviewed and their data was analyzed by statistics programs (Mplus Version 3.0 and Statistical Analyses System Version 9.1), in which descriptive statistics, factor analysis, correlation test, t-test, analysis of covariance and multiple regression were conducted.

Research findings were as follows:

- (1) The interaction of married couples depended on years of marriage and the count of children instead of age, educational background and whether living with parents of husband's side.
- (2) Married couples' attribution depended on educational background and the count of children instead of age, years of marriage and whether living with parents of husband's side.
- (3) Married couples' quality of marriage depended on years of marriage instead of the count of children, age, educational background and whether living with parents of husband's side.

- (4) Both of husbands and wives, positive interaction and attribution to destiny was related to internal attribution, and negative interaction was related to external attribution.
- (5) Married couples who had more positive interaction have better quality of marriage and more fulfilled feelings; married couples who had more negative interaction have worse quality of marriage and more remorseful feelings.
- (6) The attribution of husbands and wives and their quality of marriage varied with attributional styles, that married couples who tended to internal attribution have with better quality of marriage and more fulfilled feelings, and married couples who tended to external attribution have with worse quality of marriage and more remorseful feelings.
- (7) Positive or negative interaction of married couples was related to the quality of marriage. Different interaction led to different attributional styles, which also resulted in different quality of marriage; therefore, it could be inferred that interaction had an effect on the quality of marriage via attributional styles.

This research came up with some suggestions for future researchers' and marriage counselors' reference.

Key words: positive and negative interaction, attribution, destiny, quality of marriage, married couple